

CERT Training Includes . . .

- Disaster Preparedness
- Triage & Treating Life Threatening Injuries
- Disaster Medical Operations
- Assessment, Treatment, Hygiene
- Light Search & Rescue
- Team Organization
- Disaster Psychology
- Terrorism and CERT

*To learn more about
CERT in your area visit:*

www.citizencorps.gov



CERT training sessions in cooperation with the

**State Department of
Emergency Management
And Homeland Security**



and the

**Southeastern Connecticut
Citizens Corps
Regional Council**



**Sponsored by
East Lyme Emergency Management**

Designed by Kathleen Barry

**Community
Emergency
Response
Team**

*Free Training
For Local
Community
Preparedness*



About CERT



Who Should Take CERT Training...

- People interested in taking an active role in hometown preparedness
- Neighborhood watch groups
- Community leaders
- Parents
- Communities of Faith
- Scouting and youth organizations
- Students, teachers, and administrators
- Members of clubs and civic organizations
- Amateur radio emergency services

In 95 percent of all emergencies, the victim or bystander provides the first immediate assistance on the scene.

Would you know what to do?

What is CERT?

CERT is a training program that prepares you to help yourself, your family and your neighbors in the event of a disaster.

CERT training promotes a partnering effort between emergency services and the people they serve. The goal is for emergency personnel to train members of communities in basic response skills. CERT members are then integrated into the emergency response capability for their area.

If a disaster overwhelms or delays the community's professional response, CERT members can assist others by using the basic response and organizational skills they learned during training. These skills can help save and sustain lives following a disaster until help arrives. CERT skills also apply to daily emergencies.

CERT members maintain and refine their skills by participating in exercises and activities. They can attend supplemental training opportunities offered by the sponsoring agency

Benefits of CERT Training...

CERT provides critical skills in emergency preparedness and response.

Participants learn how to:

- Identify and anticipate hazards
- Reduce fire hazards in the home and workplace
- Extinguish small fires
- Assist emergency responders
- Conduct light search and rescue
- Set up medical triage and treatment areas
- Apply basic medical techniques
- Help reduce survivor stress